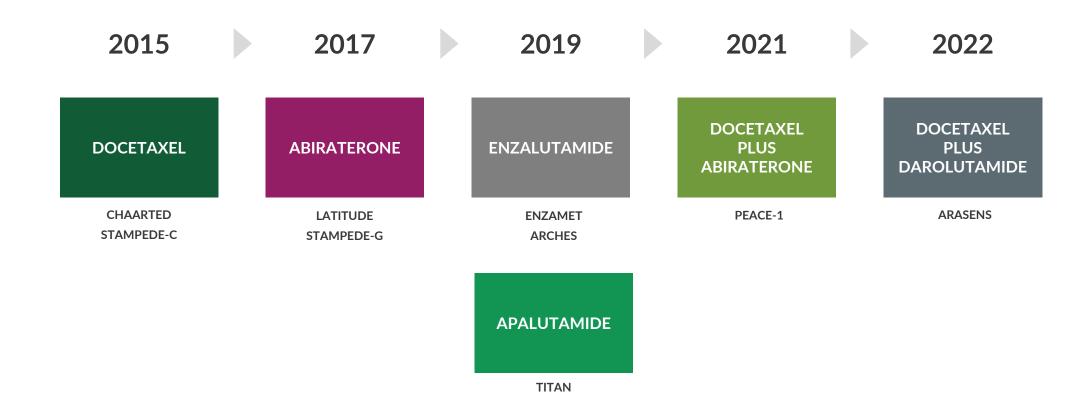
## WILEY



# Intensification with Doublet Therapy in Patients with mHSPC

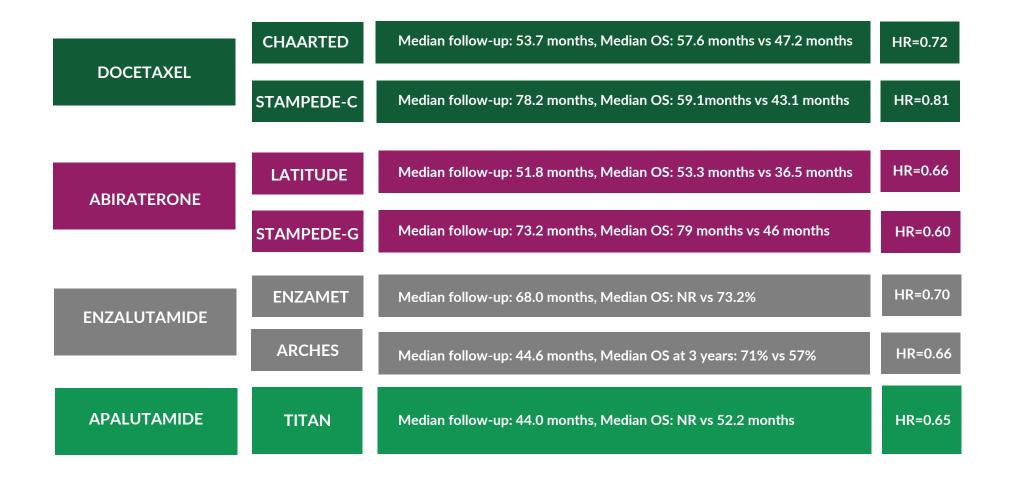
Elisabeth Heath, MD, FACP
Karmanos Cancer Institute & Wayne State
University School of Medicine

## **Treatment Options for mHSPC**



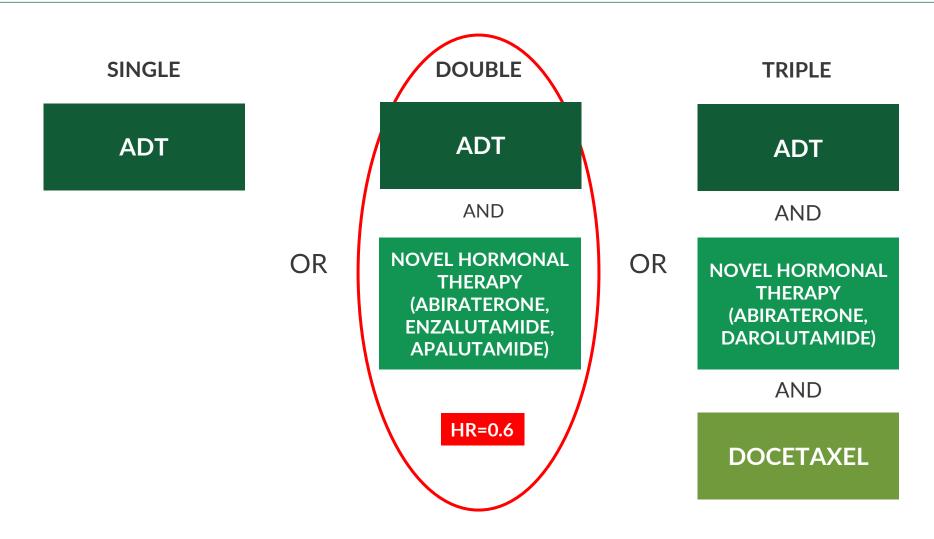


#### **Overall Survival Benefit With Treatment Intensification**





## **Treatment Strategy for mHSPC**





## **Factors Contributing to Treatment Selection**

#### **Declining PSA**

 PSA < 4 ng/mL after 7 months of ADT is associated with improved survival of patients newly diagnosed with metastatic prostate cancer

#### Medical Co-Morbidities

• Diabetes, cardiac disease, hypertension

#### **Financial Toxicity**

• Incomplete or no coverage to oral medications



## **Factors Contributing to Treatment Selection**

#### External Beam Radiation Therapy (EBRT)

• EBRT to primary tumor associated with overall survival benefit in patients with low metastatic burden (non-regional, lymph-node only disease OR < 4 bone metastasis and without visceral/other metastasis, using conventional imaging)

#### Metastatic Disease Presentation

De novo versus recurrent

#### Experience with treatment options

Office or practice process and operation



#### **Real-World Treatment Intensification Patterns**

Medicare Database Analysis (35,195 patients)

- < 1/3 of men received treatment intensification by 2018
- Less frequent treatment intensification in black versus white men

ConcertAl Oncology Dataset (858 patients)

- •> 1/2 of men did not receive treatment intensification in 2019
- Those who did received shorter duration of treatment

IQVIA Anonymized Patient Longitudinal Data (66,844 patients)

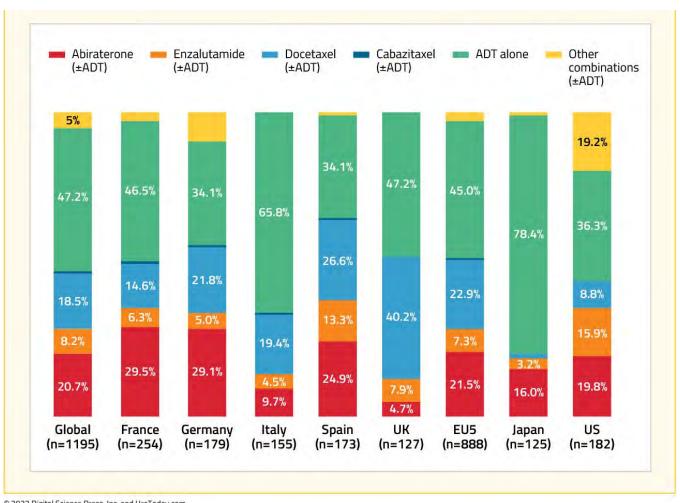
- > 1/2 of men did not receive treatment intensification
- Urology providers prescribed 12% of the time

Optum Clinformatics Data Mart Database (19,841 patients)

- •< 1/2 of men received ADT only
- < 7% of men received treatment intensification



#### **Real-World Utilization: Global Data**



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Leith A et al. BMC Urol 2022:22(1):33.

8

#### **Treatment Selection Factors**

- Retrospective study in 621 patients treated by 65 oncologists and 42 urologists
- Median age at initial mHSPC treatment 68 years, 58% white, 25% black, 84% de novo metastatic disease, 30% high volume disease with 22% with visceral metastasis
- Differences in adequacy of PSA reduction
  - Oncologists considered median PSA reduction of 50% as adequate compared to 75% among urologists
- Top 5 reasons why patients did not receive initial NHT
  - Drug tolerability (38%)
  - Lack of clinical trial evidence of overall survival improvement (31%)
  - Lack of reimbursement (26%),
  - Patient financial constraints (20%, questions about sequencing NHTs earlier versus later in the disease (21%))



#### **Patient Case**

- Mr. Smith is a 77-year-old African American male with long-standing diabetes with resulting peripheral neuropathy in his hands and feet
- Originally, he was diagnosed 7 years ago with high-risk prostate cancer
  - Gleason 8, pre-treatment PSA 22 ng/dL, and clinical T2c stage
  - Negative CT scan of abdomen and pelvis, CXR, and bone scan
- Treatment plan included external beam radiation therapy along with 2 years of concurrent ADT
- PSA nadir was undetectable
- PSA after full testosterone recovery was 1.7 ng/dL
- Medications include 1 anti-hypertensive, insulin, and cholesterol lowering agent



#### **Patient Case**

- In the past year, Mr. Smith's PSA started to rise
  - PSA: 1.7 to 2.8 to 14.5 to 20.8 ng/dL
- Patient remains asymptomatic but has a 15-pound unintentional weight loss
- Imaging workup included CT scan of chest/abdomen/pelvis and bone scan
  - CT scans showed multiple enlarged lymph nodes in the retroperitoneum (largest being 2.5 cm), no visceral metastasis
  - Bone scan showed 3 bone metastasis (L5, right 4<sup>th</sup> rib, right sacral ala)
- Mr. Smith is a retired high school football coach and wants to continue to attend home games to cheer for his team



#### **Clinical Considerations**

#### Disease Burden

- Volume of metastasis (low versus high)
  - High= Visceral or > 4
     bone lesions with at
     least one beyond the
     vertebral bodies and
     pelvis

#### Disease Stage

- M1a
  - Non-regional lymph nodes only
- M1b
  - Bone metastasis +/- lymph nodes
- M1c
  - Visceral metastasis +/lymph nodes or bone metastasis

#### **Disease Presentation**

De novo (synchronous)
 metastatic versus recurrent
 (metachronous) disease



# Patient Treatment: ADT and Enzalutamide (ENZAMET AND ARCHES)

•Volume of disease (p-value for interaction=0.06)

Low: HR 0.54 (95% CI 0.39 to 0.74)

High: HR 0.79 (95% CI 0.63 to 0.98)

©Timing of presentation (p-value for interaction=0.91)

Synchronous: HR 0.70 (95% CI 0.56 to 0.87)

Metachronous: HR 0.71 (95% CI 0.52 to 0.98)



#### **Treatment Goals for Patients with mHSPC**







## WILEY



# Intensification with Triplet Therapy in Patients with mHSPC

Dr. Jordan Ciuro Assistant Professor of Medicine Georgia Cancer Center

## **Introduction mHSPC: Clinical Case**

- 68 years old male with past medical history of hypertension
- Presents with fatigue and bone pain for 3 months
- ECOG Performance Score (PS) 1
- Prostate-Specific Antigen (PSA) 102 ng/dL, Gleason Score 8
- CT Chest Abdomen Pelvis (CAP) and bone scan display diffuse osseous involvement and evidence of hepatic metastasis
- Diagnosed with de novo metastatic HSPC
  - High volume disease ≥ 4 bone metastases with ≥ 1 outside axial skeleton or visceral disease

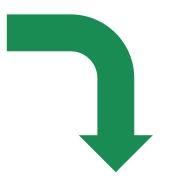
What do you offer this patient?
What treatment options are available in mHSPC?



## Introduction

■ The landscape of mHSPC is rapidly evolving...

Trial (HR)	Treatment	Reference
CHAARTED (0.72) STAMPEDE (ARM C: 0.81)	ADT+ <b>DOCETAXEL</b>	Kyriakopoulous CE, et al. J Clin Oncol. 2018 Clarke NW, et al. Ann Oncol. 2019
LATITUDE (0.66) STAMPEDE (ARM G: 0.60)	ADT + ABIRATERONE	Fizazi K, et al. Lancet Onc. 2019 James N, et al. ESMO 2020
ENZAMET (0.67) ARCHES (0.66)	ADT + ENZALUTAMIDE	Davis ID, et al. NEJM. 2019 Armstrong A, et al. ESMO 2021
<b>→ PEACE-1</b>	ADT + <b>Docetaxel + Abiraterone</b>	Fizazi K et al. Lancet 2002
ARASENS	ADT + <b>Docetaxel + Daralutamide</b>	Smith MR, et al. NEJM. 2022



Triplet Therapy



## Does more therapy always = better outcomes?

# What patient population should we recommend triple therapy?

Safety?

PEACE-1

**ARASENS** 





## **Trial: PEACE-1**

Abiraterone plus prednisone added to androgen deprivation therapy and docetaxel in de novo metastatic castrationsensitive prostate cancer (PEACE-1): a multicentre, openlabel, randomised, phase 3 study with a 2 × 2 factorial design





Karim Fizazi, Stéphanie Foulon, Joan Carles, Guilhem Roubaud, Ray McDermott, Aude Fléchon, Bertrand Tombal, Stéphane Supiot, Dominik Berthold, Philippe Ronchin, Gabriel Kacso, Gwenaëlle Gravis, Fabio Calabro, Jean-François Berdah, Ali Hasbini, Marlon Silva, Antoine Thiery-Vuillemin, Igor Latorzeff, Loïc Mourey, Brigitte Laquerre, Sophie Abadie-Lacourtoisie, Etienne Martin, Claude El Kouri, Anne Escande, Alvar Rosello, Nicolas Maqne, Friederike Schlurmann, Frank Priou, Marie-Eve Chand-Fouche, Salvador Villà Freixa, Muhammad Jamaluddin, Isabelle Rieger, Alberto Bossi, on behalf of the PEACE-1 investigators\*



## Methods

Open-label, randomized phase III trial with 2x2 factorial design

#### **Included N=1173**

- De novo mHSPC
- ECOG 0-2
- ≥ 1 lesion bone scan and/or CT imaging
- Continuous ADT

#### **Stratified by:**

- ECOG PS
- Metastatic site
- Type of castration
- Docetaxel exposure



SOC (n=296)

SOC + Abiraterone 1000 mg qday + 5 mg prednisone bid (n=292)

SOC + Radiotherapy (n=293)

SOC+Abiraterone+ RT (n=292)

#### **Endpoints**

#### **Primary**

- Radiographic PFS
- Overall Survival

#### **Secondary**

- CRPC-free survival
- PSA response rate
- PSA at 6-8m
- Time to pain progression
- Time to chemo
- QOL



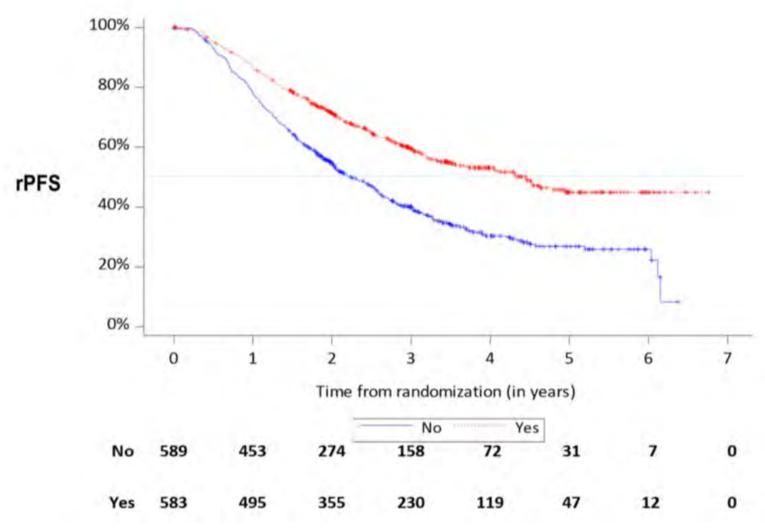
## **Baseline Demographics**

	Overall population (n=1172)		ADT with docetaxel population (n=710)*	
	SOC plus abiraterone groups (with or without radiotherapy; n=583)	SOC without abiraterone groups (with or without radiotherapy; n=589)	SOC plus abiraterone groups (with or without radiotherapy; n=355)	SOC without abiraterone group: (with or without radiotherapy: n=355)
Assigned to receive radiotherapy	291 (50%)	293 (50%)	178 (50%)	177 (50%)
Country				
Belgium	29 (5%)	25 (4%)	16 (5%)	16 (5%)
France	458 (79%)	462 (78%)	278 (78%)	280 (79%)
Ireland	30 (5%)	30 (5%)	17 (5%)	13 (4%)
Italy	1 (<1%)	3 (1%)	0	0
Romania	4 (1%)	5 (1%)	0	0
Spain	55 (9%)	56 (10%)	38 (11%)	39 (11%)
Switzerland	6 (1%)	8 (1%)	6 (2%)	7 (2%)
Age, years				
Median	67 (61-72)	66 (59-72)	66 (60-70)	66 (59-70)
Range	37-94	43-87	37-85	44-84
ECOG performance st	tatus			_
0	412 (71%)	412 (70%)	250 (70%)	246 (69%)
1-2	171 (29%)	177 (30%)	105 (30%)	109 (31%)
Tstage				
T1	23 (4%)	23 (4%)	10 (3%)	13 (4%)
T2	109 (19%)	94 (16%)	64/109/)	45 (120/)
T3	287 (51%)	310 (53%)	167 (49%)	189 (55%)
T4	98 (17%)	99 (17%)	68 (20%)	65 (19%)
Tx	45 (8%)	54 (9%)	32 (9%)	35 (10%)
Missing data	21 (4%)	9 (2%)	14 (4%)	8 (2%)
N stage				
N1	307 (55%)	325 (57%)	198 (58%)	207 (60%)
No	186 (33%)	174 (30%)	99 (29%)	97 (28%)
NX	69 (12%)	76 (13%)	43 (13%)	39 (11%)
Missing data	21 (4%)	14 (2%)	15 (4%)	12 (3%)
Time from diagnosis,				
Median	2.3 (1.6-3.2)	2-3 (1-4-3-1)	2.2 (1.6-3.0)	2-2 (1-4-2-9)
Missing data	10 (2%)	10 (2%)	6 (2%)	7 (2%)
Metastatic localisatio				
Bonet	472 (81%)	475 (81%)	287 (81%)	279 (79%)
Lymph node only	47 (8%)	52 (9%)	27 (8%)	29 (8%)
Visceral‡	64 (11%)	62 (11%)	41 (12%)	47 (13%)
Metastatic burden§				
High burden	331 (57%)	336 (57%)	224 (63%)	232 (65%)
Low burden	252 (43%)	253 (43%)	131 (3/%)	123 (35%)

	Overall population (n=1172)		ADT with docetaxel population (n=710)*	
	SOC plus abiraterone groups (with or without radiotherapy; n=583)	SOC without abiraterone groups (with or without radiotherapy; n=589)	SOC plus abiraterone groups (with or without radiotherapy; n=355)	SOC without abiraterone groups (with or without radiotherapy; n=355)
(Continued from pre	vious page)			
Gleason score				
≤7	145 (25%)	133 (23%)	79 (23%)	71 (20%)
8-10	429 (75%)	441 (77%)	270 (77%)	276 (80%)
Missing data	9 (2%)	15 (3%)	6 (2%)	8 (2%)
PSA at randomisatio	n, ng/mL			
Median	14 (3-62)	11 (3-55)	14 (2-59)	12 (3-60)
Missing data	2 (<1%)	4 (1%)	0	2 (<1%)
Medical history				
Hypertension	270 (47%); N=574	241 (43%); N=562	156 (44%); N=352	148 (43%); N=344
Type 2 diabetes	62 (11%); N=566	80 (14%); N=556	33 (9%); N=351	56 (16%); N=344
High cholesterol	229 (40%); N=568	229 (41%); N=556	136 (39%); N=351	130 (38%); N=343



## **Results: Radiographic PFS (rPFS)**



#### **SOC+ Abi (n=583)**

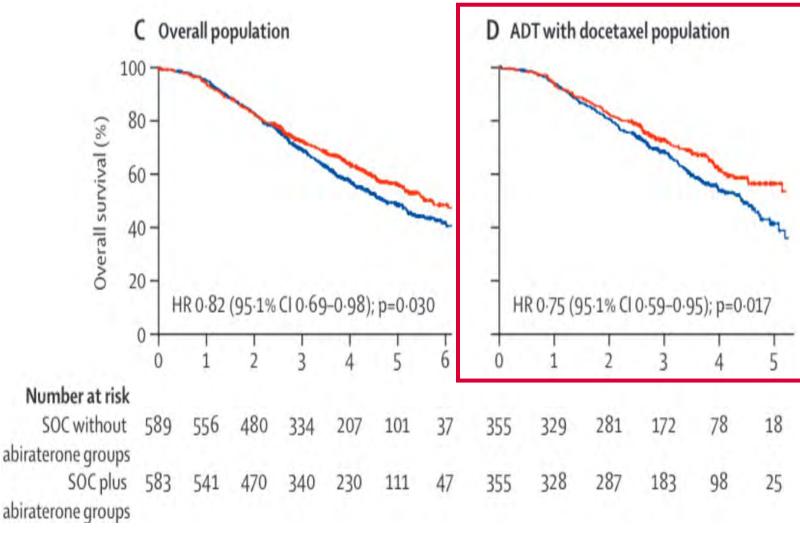
- Median y = 4.5 (3.5-NE)
- Events: 252

#### **SOC (n=589)**

- Median y= 2.2 (2.0-2.6)
- Events: 371

HR (95% CI) 0.54 (0.46-0.64) P < 0.0001

## **Results: OS**



#### **SOC+ Abi (n=355)**

- Median y = NR (4.5-NE)
- Events: 355

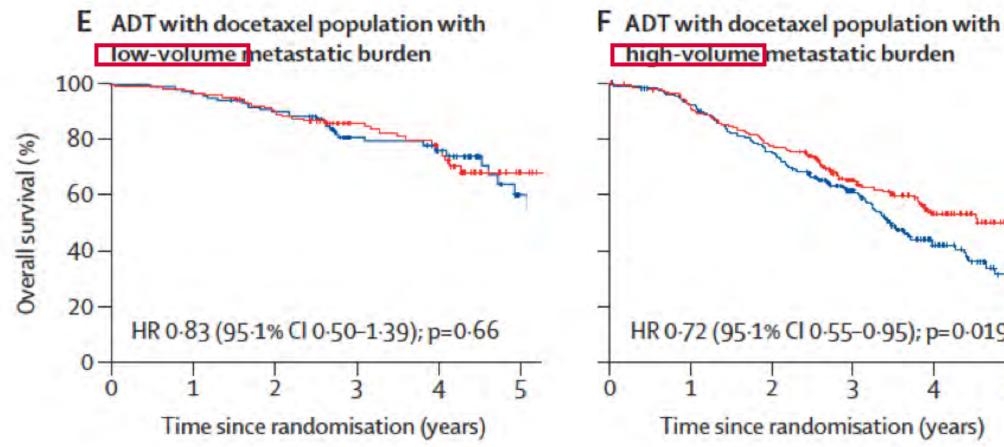
#### **SOC (n=355)**

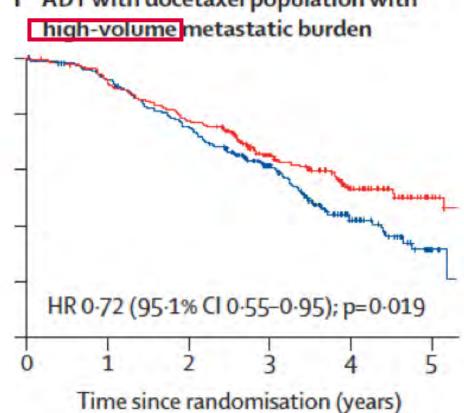
- Median y= 4.4 (3.8-4.9)
- Events: 151

HR (95% CI) 0.75 (0.59-0.95) P = 0.017

## What if stratified by disease volume?

## **Results: OS low vs high volume disease**



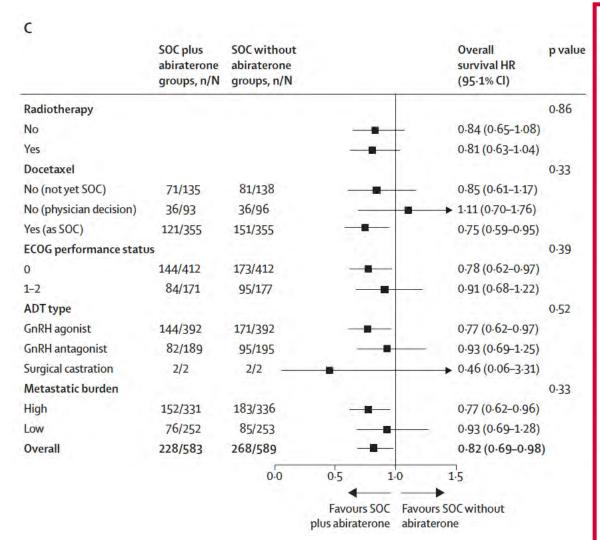


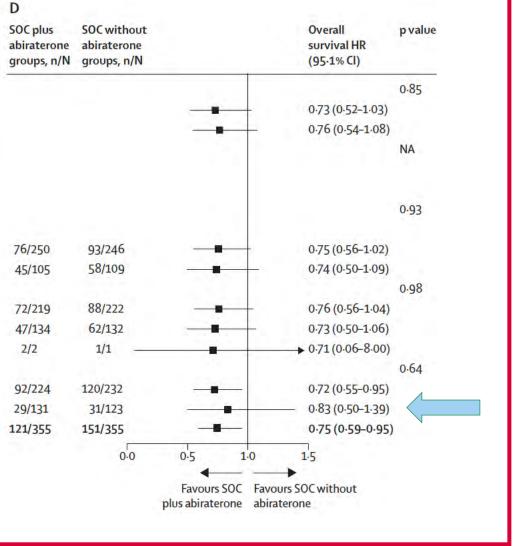
No benefit of triple therapy in patients with low volume disease (p=0.66) Benefit is driven in <u>high volume disease</u>



## **ADT**

## **ADT+ Docetaxel**







## Safety?



## **Adverse Events**

	ADT with docetaxel population		ADT without docetaxel population	
	SOC plus abiraterone groups (with or without radiotherapy; n=347)	SOC without abiraterone groups (with or without radiotherapy; n=350)	SOC plus abiraterone groups (with or without radiotherapy; n=226)	SOC without abiraterone groups (with or without radiotherapy; n=237)
Any adverse events	346 (100%)	349 (100%)	226 (100%)	233 (99%)
Severe (grade ≥3) adverse events	217 (63%)	181 (52%)	149 (66%)	97 (41%)
Fatal (grade 5) adverse events	7 (2%)	3 (1%)	8 (4%)	5 (2%)
Frequent severe adverse	events			
Hypertension	76 (22%)	45 (13%)	66 (29%)	38 (16%)
Neutropenia	34 (10%)	32 (9%)	0	0
Hepatotoxicity	20 (6%)	2 (1%)	14 (6%)	3 (1%)
Febrile neutropenia	18 (5%)	19 (5%)	2 (1%)	1 (<1%)
Gamma-glutamyl transferase increase	17 (5%)	14 (4%)	6 (3%)	4 (2%)
Erectile dysfunction	7 (2%)	5 (1%)	12 (5%)	13 (5%)
Blood alkaline phosphatase increase	15 (4%)	12 (3%)	6 (3%)	13 (5%)
Other severe adverse eve	ents			
Fatigue	10 (3%)	15 (4%)	3 (1%)	0
Peripheral neuropathy	4 (1%)	6 (2%)	1 (<1%)	0

63 vs 52% grade ≥ AE in abiraterone arm

Most common AE:
Hypertension (22 vs
13%)
Neutropenia (10 vs
9%)
Hepatotoxicity (6 vs
1%)



## **Conclusion: PEACE-1**

- Triple therapy in de novo mHSPC using abiraterone + docetaxel + ADT:
  - Significantly improved OS and rPFS when compared to SOC doublet therapy
  - -Survival benefit >1.5y in men with high volume disease
  - -2.5y improvement in median rPFS
- Benefit was driven in patients with high volume disease
- Overall tolerable and expected toxicity profile
  - Minimum increase in grade ≥ 3 hypertension in abiraterone arm



## **ARASENS Trial**

The NEW ENGLAND JOURNAL of MEDICINE

#### ORIGINAL ARTICLE

#### Darolutamide and Survival in Metastatic, Hormone-Sensitive Prostate Cancer

Matthew R. Smith, M.D., Ph.D., Maha Hussain, M.D., Fred Saad, M.D., Karim Fizazi, M.D., Ph.D., Cora N. Sternberg, M.D., E. David Crawford, M.D., Evgeny Kopyltsov, M.D., Chandler H. Park, M.D., Boris Alekseev, M.D., Álvaro Montesa-Pino, M.D., Dingwei Ye, M.D., Francis Parnis, M.B., B.S., Felipe Cruz, M.D., Teuvo L.J. Tammela, M.D., Ph.D., Hiroyoshi Suzuki, M.D., Ph.D., Tapio Utriainen, M.D., Cheng Fu, M.D., Motohide Uemura, M.D., Ph.D., María J. Méndez-Vidal, M.D., Benjamin L. Maughan, M.D., Pharm.D., Heikki Joensuu, M.D., Silke Thiele, M.D., Rui Li, M.S., Iris Kuss, M.D., and Bertrand Tombal, M.D., Ph.D., for the ARASENS Trial Investigators\*



## Introduction

Previous investigations:

#### -ARAMIS

- Included nmCRPC with doubling time of </ 10m</li>
- Evaluated Darolutamide + ADT vs placebo + ADT
- Results:
  - Darolutamide arm reduced the risk of death by 31%
  - -Improved metastasis free survival by 2 years

#### - CHAARTED

- Included mHSPC
- Evaluated ADT + Docetaxel vs ADT alone
- Results:
  - -Addition of Docetaxel to ADT improved OS by 13.6m
  - -Improved rPFS (20.2m vs 11.7m in ADT alone)

Combination

Darolutamide+ Docetaxel + ADT

in mHSPC?...



## Methods

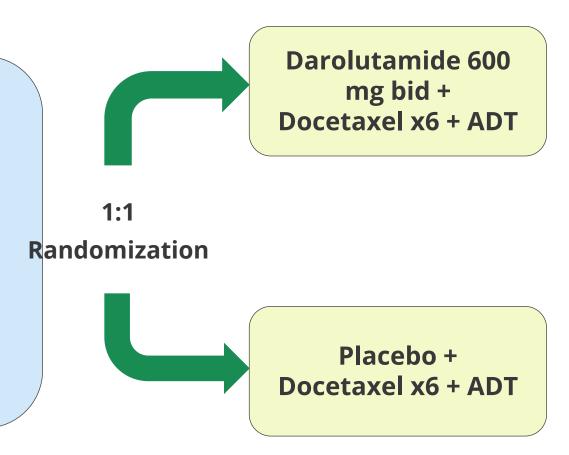
Randomized double-blind and placebo-controlled phase III trial

#### Included N=1306

- mHSPC
- ECOG 0 or 1
- Candidates for ADT + docetaxel

#### **Stratified by:**

- M1a vs M1b vs M1c
- ALP < vs >/ ULN



#### **Endpoints**

#### **Primary**

Overall Survival

#### **Secondary**

- Time to CRPC
- Time to pain progression
- SSE-free survival
- Time to SSE
- Time to next txt
- Time to opioid
- Safety

## **Baseline Demographics**

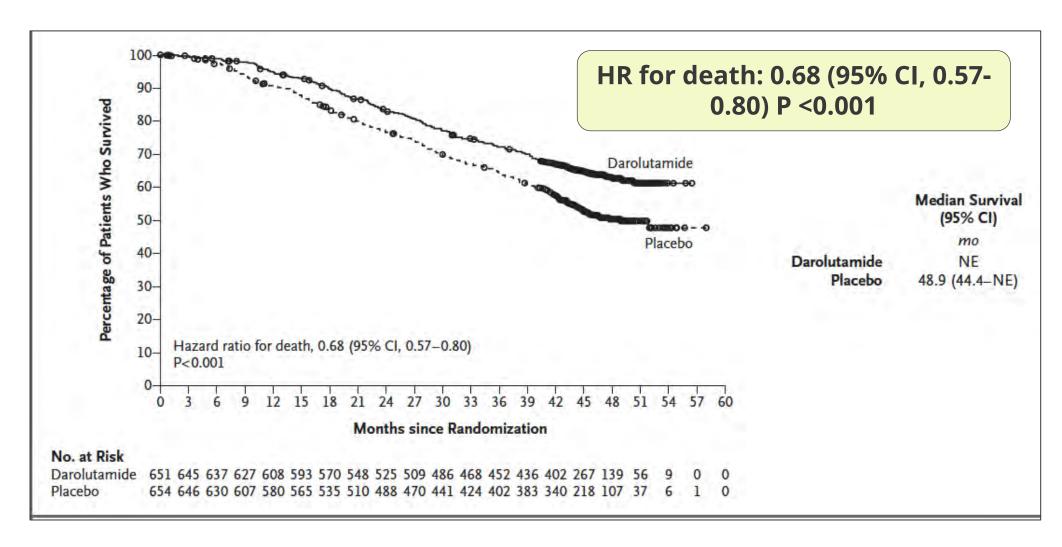
Characteristic	Darolutamide–ADT– Docetaxel (N=651)†	Placebo-ADT-Docetax (N = 654)†
Median age (range) — yr	67 (41–89)	67 (42-86)
Age group — no. (%)		
<65 yr	243 (37.3)	234 (35.8)
65–74 yr	303 (46.5)	306 (46.8)
75–84 yr	102 (15.7)	110 (16.8)
≥85 yr	3 (0.5)	4 (0.6)
ECOG performance-status score — no. (%);	-	
0	46 <mark>6 (71.6)</mark>	462 (70.6)
1	185 (28.4)	190 (29.1)
Race — no. (%)∫		
White	345 (53.0)	333 (50.9)
Asian	230 (35.3)	245 (37.5)
Black	26 (4.0)	28 (4.3)
Other	7 (1.1)	2 (0.3)
Not reported	43 (6.6)	46 (7.0)
Region — no. (%)		
North America	125 (19.2)	119 (18.2)
Asia-Pacific	229 (35.2)	244 (37.3)
Rest of the world¶	297 (45.6)	291 (44.5)
Gleason score at initial diagnosis — no. (%)		
<8	122 (18.7)	118 (18.0)
≥8	505 (77.6)	516 (78.9)
Data missing	24 (3.7)	20 (3.1)
Metastasis stage at initial diagnosis — no. (%)		
M1, distant metastasis	558 (85.7)	566 (86.5)
M0, no distant metastasis	86 (13.2)	82 (12.5)
MX, distant metastasis not assessed	7 (1.1)	6 (0.9)
Metastasis stage at screening — no. (%)		
M1a, nonregional lymph-node metastases only	23 (3.5)	16 (2.4)
M1b, bone metastases with or without lymph-node metastases	517 (79.4)	520 (79.5)
M1c, visceral metastases with or without lymph-node or bone metastases	11 (17.1)	118 (18.0)
Median serum PSA level (range) — ng/ml**	30.3 (0.0-9219.0)	24.2 (0.0-11,947.0)
Median serum ALP level (range) — U/liter**	148 (40-4885)	140 (36-7680)
ALP category — no. (%)**		
<uln< td=""><td>290 (44.5)</td><td>291 (44.5)</td></uln<>	290 (44.5)	291 (44.5)
≥ULN	361 (55.5)	363 (55.5)



## **Results**

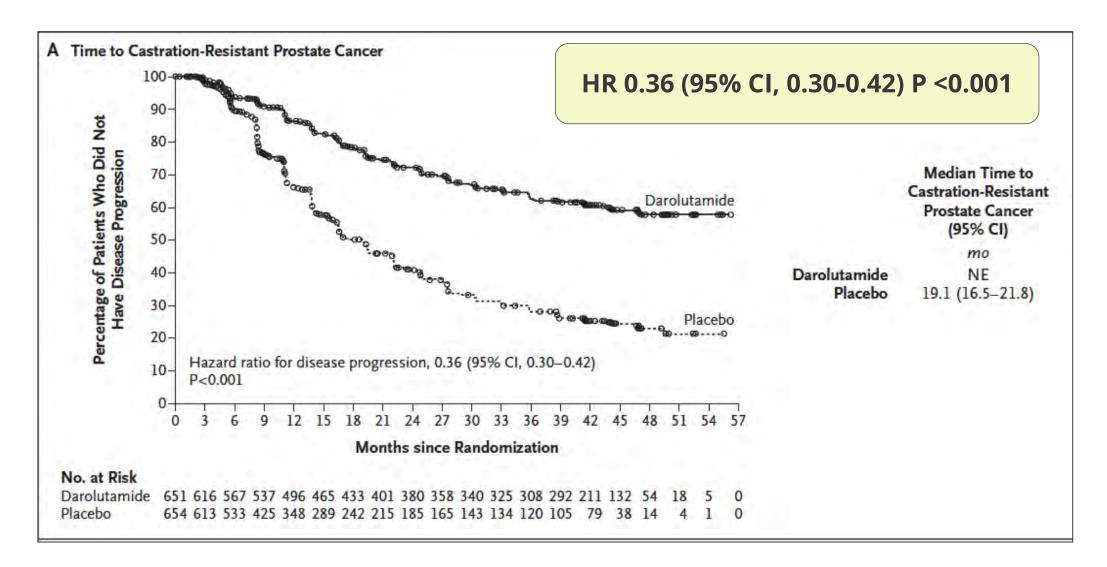


## **Results: Primary Endpoint**



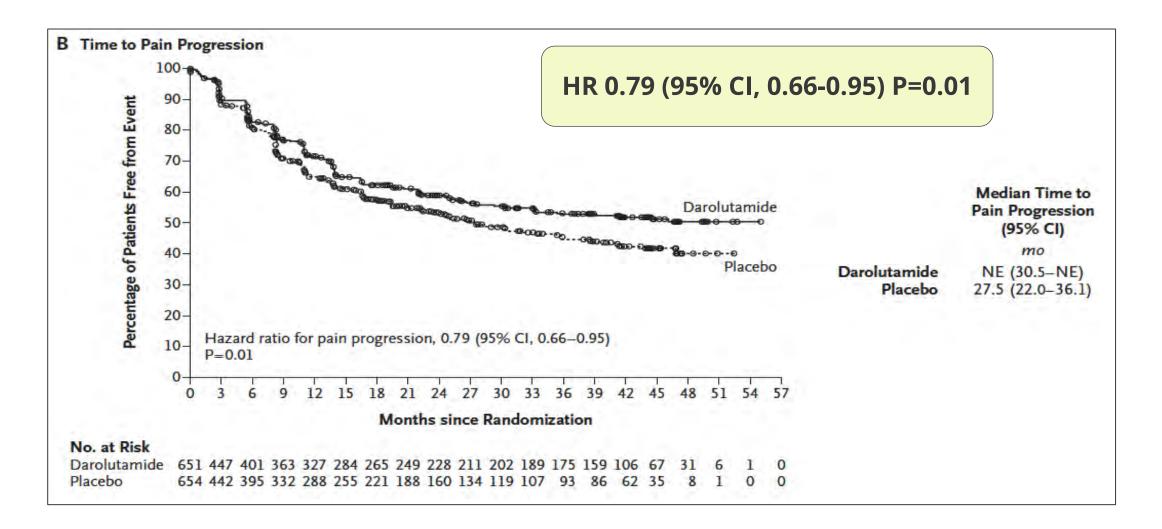


## **Secondary Endpoints:**



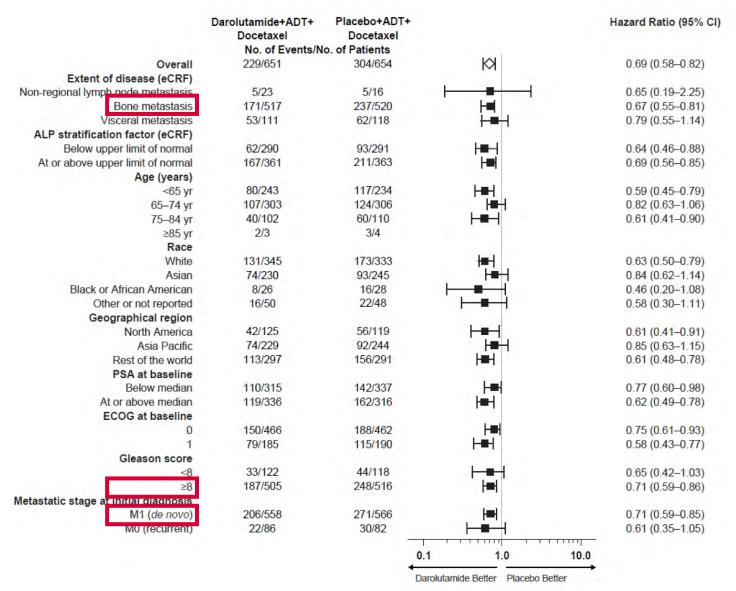


## **Secondary Endpoints:**





## **ARASENS OS: Subgroup Analyses**



ARASENS did not stratify per disease volume

## Safety?



## **Adverse Events**

Event	Darolutamide–ADT–Docetaxel (N = 652)†	Placebo-ADT-Docetaxel (N = 650)†
	number of paties	nts (percent)
Any adverse event	649 (99.5)	643 (98.9)
Worst grade		
Grade 1	28 (4.3)	35 (5.4)
Grade 2	162 (24.8)	169 (26.0)
Grade 3	248 (38.0)	232 (35.7)
Grade 4	183 (28.1)	181 (27.8)
Grade 5	27 (4.1)	26 (4.0)
Serious adverse event	292 (44.8)	275 (42.3)
Adverse event leading to permanent discontinuation of trial agent		
Darolutamide or placebo	88 (13.5)	69 (10.6)
Docetaxel	52 (8.0)	67 (10.3)
Selected grade 3 or 4 adverse events‡		
Neutropenia§	220 (33.7)	222 (34.2)
Febrile neutropenia	51 (7.8)	48 (7.4)
Hypertension	42 (6.4)	21 (3.2)
Anemia	31 (4.8)	33 (5.1)
Pneumonia	21 (3.2)	20 (3.1)
Hyperglycemia	18 (2.8)	24 (3.7)
Increased ALT level	18 (2.8)	11 (1.7)
Increased AST level	17 (2.6)	7 (1.1)
Increased weight	14 (2.1)	8 (1.2)
Urinary tract infection	13 (2.0)	12 (1.8)



## **Conclusion: ARASENS**

- Triple therapy in mHSPC using darolutamide + docetaxel + ADT significantly improved OS
  - -Triple therapy reduced risk of death by 32.5%
- The OS benefit was seen consistently across all subgroup analysis
  - Did not stratify by disease volume
- Darolutamide improved all secondary endpoints including:
  - -Time to castrate resistant prostate cancer
  - -Time to pain progression
  - -Time to first subsequent therapy
- Treatment was tolerable with similar adverse event rates in both arms

## **Back to patient case...**



## **Introduction mCSPC: Clinical Case**

- 68 years old male with PMH HTN presents with fatigue and bone pain over the last 3 months
- ECOG PS 1
- PSA 102 ng/dL, Gleason Score 8
- CT CAP and bone scan display diffuse osseous involvement and evidence of hepatic metastasis
- Diagnosed with de novo metastatic HSPC

– High volume disease ≥ 4 bone metastases with ≥ 1 outside axial skeleton or visceral

disease

What do you offer this patient? What treatment options are available in mCSPC?

Doublet or Triplet therapy are all reasonable Patient specific discussion...

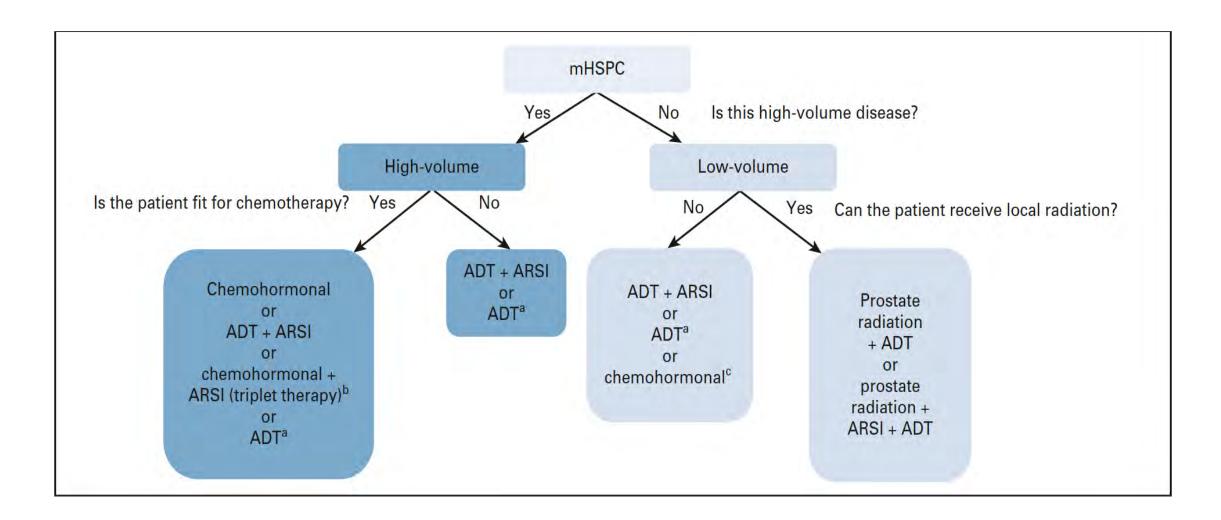


## **Take Home Message**

- Is triple therapy the new SOC for all mHSPC? → No, not always...
  - Considering both trials, treatment depends on:
    - Patient preference
    - PS of patient
    - -GS
    - Disease burden
    - De novo vs recurrent disease
    - Racial/ethnic disparities and mutational analysis



## Final Points: new algorithm?





## References

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